

INTERNATIONAL COMMUNITY BUILDING FACILITATOR TRAINING 2017

Based on the work of M. Scott Peck M.D.,
renowned bestselling author of
The Road Less Traveled and *The Different Drum*

(The **International Community Building Facilitator Meeting 2017**
will be in the evenings during the training)



CB-Training 2015, Germany

THIS TRAINING IS FOR:

Facilitators, social workers, psychologists, social service providers, counselors, team building and change management consultants, trainers, members of intentional communities, clergy & members of faith based organizations, community organizers, and people interested in:

- ✓ personal, professional & spiritual growth
- ✓ building and/or renewing trust and safety in groups
- ✓ overcoming cultural mistrust or conflict
- ✓ overcoming burnout and compassion fatigue
- ✓ promoting civility and effective collaborations
- ✓ diversity and equity training
- ✓ group mindfulness & contemplative practices
- ✓ healing trauma and adverse childhood experiences
- ✓ improving outcomes in social service and criminal justice programs
- ✓ cutting edge team building and conflict resolution methods

PURPOSE

The purpose of the 5-Day training is to provide a foundation in Community Building Workshop facilitation concepts, themes, theory, methods and applications. The Community Building Workshop (CBW) was originally developed by M. Scott Peck M.D., author of *The Road Less Traveled* and *The Different Drum*.

Our goal is to share knowledge and content from the original facilitator trainings developed by Dr. Peck - as well as new learnings from pioneering applications of Community Building such as the Milwaukee project in the United States (see below). The training combines Community Building, lecture, experiential exercises, discussion, role play and various other methods to create a powerful and transformative learning experience. All participants receive a training manual and certificate from the Community Building Institute.

This workshop is part of the annual International CBTraining 2016 and Modul 1 of the CBTraining 2017 led by Sabine Bartscherer. New and returning students are welcome. The seminar will be translated from English into Czech.

THE TRAINERS:

Edward Groody and **Tim Dempsey** from the **Community Building Institute** (www.CommunityBuilding.com), Knoxville, Tennessee, United States. Edward Groody worked with and was trained directly by Dr. Scott Peck - and served on the original staff of Dr. Peck's non-profit organization, the Foundation for Community Encouragement. Edward and Tim have over 50 years of combined experience facilitating Community Building in a variety of settings including intentional communities, corporate team building and leadership development, prisons, ex-offender programs, youth programs, diversity training, programs for victims of sexual abuse, jobs programs, and many others.

They are currently the consultants on a first of its kind **6-year city-wide Community Building training** and implementation project in the **City of Milwaukee**, Wisconsin in the United States. Both Edward and Tim were also colleagues with Bob Roberts, who pioneered the use of Community Building in prisons and with ex-offenders. Edward and Tim (please see full bios below) are the world's leading experts in integrating Community Building into social service, criminal justice, corporate team building, and other practical applications.

SPECIAL EVENING OPPORTUNITIES:

There will also be two special opportunities during the evenings of the conference.

- One or two evenings will be dedicated to the “**International Facilitator Meeting 2017**” – with participants from across Europe, where we inform each other about how Community Building is doing in each country. We will discuss “burning issues” and “hot topics”. Edward and Tim invite your questions. There will be ample time for open exchange.
- Edward Groody will also lead an optional evening of “**Poetry Divina: Celebrating Rumi**”. Often lost in modern times, using poetry in groups is an ancient and powerful method for building community. Even if you have never connected with poetry, this evening promises to be a rich experience of how to use sacred poetry as a community building method, and mindfulness/contemplative practice. We will focus on Rumi, the popular 13th century mystic as well as other poets from many traditions. Bring your favorite poem in any language!

TRAINING INFORMATION:

WHEN: July 19 - 23, 2017 (8:30am to 5:00pm Wednesday to Saturday, 8:30am to 3:30pm Sunday). This is the 1. Modul of Facilitator Training 2017 (germanspeaking).

WHERE: Lorien, Nenačovice 80, Beroun

COST: 1600-1900€ for all 5 moduls (1500-1800 early birds). Special price for couples and people from intentional communities.

REGISTRATION: Spaces are limited. To hold a space, please send a deposit of 450 € until June 10, 2017 to account number 2300088779/ 2010, Fio bank, IBAN CZ5120100000002300088779. For payment after June 10, 2017, the price for the seminar (Modul1) is 500€. For cancellations after 10th of June, the deposit is forfeited, but a substitute may take your place.

LODGING/MEALS: in Lorien near Prague, you will receive extra flyer.

For information about registration, lodging or any aspect of the training, please contact:

Sabine Bartscherer. Email: cabs@cabs.at. Telephone in Germany: mobile: 0049.151.23745503, fix: 0049.8624.8759679

or

Hana Perglerová. Email: hanja24@gmail.com. Telephone in Czech Republic: 00420 608 114 553.

or

Edward Groody. Email: edward@CommunityBuilding.com. Telephone in United States: 865 300 2889

PREREQUISITE:

To attend the training, participants must have attended at least one regular Community Building Workshop. Workshops are currently scheduled on:

April 28-30, 2017 , June 9-11, 2017 in **Czech Republic**. Please contact Hana for more information, email: hanja24@gmail.com

June 23-25 in **Germany**. Please contact Sabine for more information, email: cabs@cabs.at.

May 3-5, May 17-19, May 31 – June 2, in the **United States**. There is **NO** fee to attend workshops in the United States if you are registered to attend the 5-day training. Please contact Edward Groody, email: Edward@communitybuilding.com, telephone in United States: 865 300 2889 to register or for more information.

BENEFITS OF COMMUNITY BUILDING FOR INDIVIDUALS & ORGANIZATIONS:

- Increases self-awareness and emotional intelligence.
- Improves the ability to listen deeply and be present to others.
- Increases personal serenity and helps let go of sources of anxiety and distress.
- Increases the ability to tolerate ambiguity, deal with difficult issues and embrace change.
- Helps overcome “burnout” and “compassion fatigue”, reduces turnover.
- Improves program outcomes in social service and criminal justice programs.
- Promotes civility and healthy discourse.
- Increases diversity and equity awareness.
- Provides opportunities to practice effective communication, healthy behaviors and pro-social skills (problem solving, anger management, self-control, empathy, etc.).
- Creates highly effective learning environments.
- Provides opportunities for healing of trauma.
- Encourages personal responsibility.
- Removes obstacles to effective communication and healthy relationships.
- Helps participants let go of judgments of self and others.
- Promotes understanding of group process and one’s role in its development.
- Enhances personal mindfulness and contemplative practice.
- Improves teamwork and strengthens organizational culture.

5-DAY TRAINING OBJECTIVES:

Specific learning objectives for the 5-Day training include:

1. Identify the knowledge, skills and attributes needed to be an effective CBW facilitator. Assess your readiness to facilitate.
2. Understand the key concepts, themes and dynamics of CBW facilitation.
3. Identify and describe the four stages of the Community Building process.
4. Learn and practice recommended and optional interventions appropriate for each stage in the Community Building process.
5. Understand the importance of building Community between you and your CBW co-facilitator(s).
6. Increase awareness and acceptance of self and others. Learn about personal obstacles to building Community. Learn how your personality type impacts your ability to facilitate effectively.
7. Learn how Community Building Workshop formats have evolved over time.
8. Learn about the many new practical applications of Community Building in social service and criminal justice programs, intentional communities, leadership development programs, corporate team building, faith-based organizations, overcoming burnout & trauma.
9. Learn how to customize Community Building methods for targeted audiences and applications, i.e. youth, corporate team building, ex-offenders, etc.
10. Understand how contemplative and mindfulness practice can help support development as a Community Building facilitator.
11. Discuss ethical issues relevant to CBW facilitation.
12. Get an overview of the mechanics of organizing, conducting and concluding CBWs.
13. Begin to craft a personal development plan.
14. Get to know each other and build Community as we learn, and have fun along the way.



EDWARD GROODY is the founder and serves as President and Board Chair of the Community Building Institute (CBI). He is also President of Ed Groody & Associates, Inc., an organization development-consulting firm. He and his team of consultants have been helping companies get exceptional results and create a Spirit of Community in the workplace since 2001. Edward specializes in helping leaders implement change in a way that engages and honors people. He has facilitated highly successful financial and cultural turnarounds, lean and quality initiatives in a variety of industries and corporate settings.

Prior to starting Ed Groody & Associates, Inc. he served as Director of Organization Development with Covenant Health, a large health care system serving East Tennessee. Edward is one of a handful of individuals to train and work directly with M. Scott Peck, M.D., bestselling author of *The Road Less Traveled* and developer of the innovative group and team-building process called Community Building. Edward was also a part of the leadership group that organized and facilitated the first men's conferences with renowned poet and author Robert Bly in Minnesota in the 80s and 90s.

Edward is a long time student of contemplative practices. In addition to his full-time consulting work, he leads Poetry Divina, Community Building, meditation/centering prayer and other contemplative workshops for retreat centers, universities, nonprofits, businesses, and religious groups.



TIM DEMPSEY serves as Executive Director of CBI. Tim began his career living with released prisoners in a network of halfway houses between his undergraduate and graduate studies. He has since devoted 25 years to operating highly successful social-sector prison reentry programs, which focus on employment and rely on both the principles of Community and the practice of Community Building for their comparative advantage. As part of his MBA, he established one of the nation's first alternative staffing programs exclusively for returning prisoners, which both extended the mission of the organization he was running and contributed 30% of its budget.

Tim completed undergraduate studies at Notre Dame and graduate studies at both Catholic University (MA) and The University of Tennessee (MBA). He is currently managing a nonprofit that coordinates a large network of volunteers to support prisoners and their families while preparing them for reentry/reunification. He also consults on program design and organizational, brand and fund development in the social sector.



SABINE BARTSCHERER Mag. arch. Dipl.-Ing. Master of Science (Solararchitecture), Academic Expert for Solar Planning and Building. Born 1966, architect, lecturer at the Academy of Fine Arts. Arts/ Vienna until 2013 and Facilitator "Community Formation

according to Scott Peck" 2004-10 Housing project near Vienna, 2010 Co-founder Lebensgemeinschaft Schloss Oberbrunn. Lives since 2010 with her son at the Chiemsee, Bavaria.

Training as Facilitator for the "Community Building Process according to Scott Peck": year-training group at Höper & Brase (D), Bertens & Kanters (NL) (certification, LEP) and at workshops of FCE (USA, San Francisco, Detroit). Experience: approx. 160 workshops, worldwide (also in English/ French language: Bali, France, England, Czech Republic, Austria, Switzerland ...), 2009 + 2010 + 2015 + 2016 Leadership of national and international training groups (Community formation according to Scott Peck). Several training modules in "Council" at Marlow Hotchkiss, Joe Provisor (Council in Schools).

Websites:

komunity.webnode.cz

netzwerk-gemeinschaftsbildung.com

communitybuilding.com

Community Vision

“There is a yearning in the heart for peace. Because of the wounds and rejections we have received in past relationships, we are frightened by the risks... In our fear, we discount the dream of authentic community as merely visionary. But there are rules by which people can come back together, and by which the old wounds can be healed. It is the purpose of Community Building Workshops to teach these rules – to make hope real again – to make the vision actually manifest in a world which has almost forgotten the glory of what it means to be human.